



Module 3 Handout



Values Activity

INSTRUCTIONS

1. Read through the values below and select **five** that are most important to you at this time. Use the bottom row to add additional values if you would like.
2. Rank those top 5 by writing or typing a number next to each, with 1 being the most important and 5 being the least important at this moment in time.

Loyalty	Compassion	Freedom	Love	Accountability
Humor	Work	Health	Spirituality	Cooperation
Empathy	Kindness	Life	Wealth	Security
Recognition	Beauty	Wisdom	Morality	Patience
Independence	Success	Responsibility	Power	Respect
Honesty	Creativity	Integrity	Faith	Knowledge